

# ANG TANLAG

THE OFFICIAL E-BULLETIN OF THE ROTARY CLUB OF METRO CEBU

DECEMBER 2023

VOL. 06



Metro Cebu  
**Rotary**  
Club



**CREATE HOPE**  
in the **WORLD**



# PROGRAM

## ROTARY CLUB OF METRO CEBU RI DISTRICT 3860, CLUB NO. 17123

Casino Español, Ranudo Street, Cebu City  
Every 1st and 3rd Wednesday of the Month, 12NN

### WELCOME TO OUR BI-MONTHLY REGULAR MEETING!

01. Call to Order by  
Pres. Glenda M. Antonio
02. Invocation, Anthem  
and Rotary Hymn
03. The Four Way  
Test
04. The Rotarian Pledge
05. Introduction of Guest  
and Visiting Rotarians
06. Induction of New  
Rotarians
07. Fellowship Singing
08. Talk of the Guest  
Speaker
09. Secretary's Report
10. President's Time
11. Other Matter
12. Adjournment

**Fellowship Continues**



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CONFLICT PREVENTION



DISEASE PREVENTION  
AND TREATMENT



WATER, SANITATION  
AND HYGIENE



MATERNAL AND  
CHILD HEALTH



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# INVOCATION

Lord, we come to you today asking for your guidance, wisdom, and support as we begin this meeting.

Help us to engage in meaningful discussion; allow us to grow closer as a group and nurture our bonds through fellowship.

Fill us with your grace, Lord God, as we make decisions that might affect the community, and members of our club.

And continue to remind us that all that we do here today, all that we accomplish, is for the pursuit of truth for the greater glory of You, and for the service of humanity.

We ask these things in your name.



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# PHILIPPINE NATIONAL ANTHEM

## LUPANG HINIRANG

Bayang magiliw  
Perlas ng Silanganan  
Alab ng puso  
Sa dibdib mo'y buhay

Lupang Hinirang  
Duyan ka ng magiting  
Sa manlulupig  
'Di ka pasisiil

Sa dagat at bundok  
Sa simoy at sa langit mong bughaw  
May dilag ang tula  
At awit sa paglayang minamahal

Ang kislap ng watawat mo'y  
Tagumpay na nagniningning  
Ang bituin at araw niya  
Kailan pa ma'y 'di magdidilim

Lupa ng araw ng luwalhati't pagsinta  
Buhay ay langit sa piling mo  
Aming ligaya na 'pag may mang-aapi  
Ang mamatay ng dahil sa iyo



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# ROTARY HYMN

I want to be a Rotarian for the world,  
 Make the Rotary flag be a flag of peace unfurled;  
 I will serve my community,  
 Help achieve universal unity.  
 Through Rotary, I shall dedicate my all,  
 World understanding shall be my cherished goal.

Refrain:

With the Four Way Test  
 I'll pursue my quest  
 And if I, in a way help obtain  
 Peace in the world

I shall not have lived in vain.  
 I'll observe service above self,  
 Lend a hand to all who need my help;  
 I'll get my spouse to involve in Rotary  
 And in Rotary ways I will train my family.

Refrain:

With the Four Way Test  
 We'll pursue our quest  
 And if we, in a way help obtain  
 Peace in the world  
 We shall not have lived in vain.

Build a bridge for tomorrow's youth,  
 Strengthened by nothing but the truth;  
 Let's join our hands, there's no reason we'll divide.  
 We shall all understand, while the good Lord is our guide.

Refrain:

With the Four Way Test  
 We'll pursue our quest  
 And if we, in a way help obtain  
 Peace in the world  
 We shall not have lived in vain.

Peace be achieved,  
 We shall not have lived... in vain.



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# THE FOUR-WAY TEST

## Of the things we think, say, or do

The Four-Way Test is a nonpartisan and nonsectarian ethical guide for Rotarians to use for their personal and professional relationships.



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# THE ROTARIAN'S PLEDGE

I am a Rotarian.  
I will always uphold the **truth**.

I am a Rotarian.  
I will always strive to be **fair** in all my dealings with my fellow human beings.

I am a Rotarian.  
I will always endeavor to build **goodwill** and **understanding** in my community.  
Among my countrymen, and among peoples of all nations.

I am a Rotarian.  
I will always seek to promote the greatest good for the greatest number of people in the spirit of **Rotary service**.

I am a Rotarian.  
I will always observe Rotary International's motto:

**SERVICE ABOVE SELF.**



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# CLUB OFFICERS AND DIRECTORS RY 2023 - 2024

## CLUB OFFICERS

RY 2023 - 2024

President:	Glenda M. Antonio
Vice-President:	Evelyn T. Nuñez
Secretary & President Elect:	Ma. Emma A. Ramas
Asst. Secretary:	Nicole Clare C. Justo
Treasurer:	Marjorie Bernardo
Asst. Treasurer:	Bart Van Oost
Auditor:	Adrian Lee

## BOARD MEMBERS

RY 2023 - 2024

1. Dr. Josefina Zabate	6. Bart Van Oost
2. Dr. Glenda Antonio	7. Arch. Jonathan Zabate
3. Atty. Evelyn Nuñez	8. Dr. Wyben Briones
4. Ma. Emma Ramas	9. Robert Tito Pacana
5. Dr. Marjorie Bernardo	10. Lambert Lim



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# CLUB COMMITTEE CHAIRS RY 2023 - 2024

1. The Rotary Foundation	Chair: Dr. Wyben Briones Co-Chair: Dr. Marjorie Bernardo
2. Membership	Chair: Roberto Tito Pacana
3. Protocol & Fellowship	Chair: Lambert Lim
4. Public Image/DEI	Chair: Elcasmer Acedo Co-Chair: Vera Cruz
5. Club Administrator	Jonathan Zabate
6. Service Projects and International Affairs	Dr. Josefina Zabate
7. Disease Prevention	Dr. Wyben Briones
8. Maternal and Child Health	Dr. Josefina Zabate
9. Peace and Conflict	Atty. Eddie Barrita and Ernesto Dakay
10. Basic Education and Literacy and Empowering Women	Atty. Evelyn Nuñez
11. Water Sanitation and Hygiene	Dr. Susan Valmayor
12. Community and Economic Development	Marcelo Anthony Igot
13. Environmental Concerns	Dann Diez and Ma. Emma Ramas
14. Disaster and Relief	Jonathan Zabate
15. Election Chair	Atty. Eddie Barrita
16. Ways and Means	Florita Hall



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# RCMC JOINED THE GLOBAL SLEEPOUT

December 2, 2023

The Global Sleep Out is an annual event organized by Spring Rain Global. This is a remarkable initiative that aims to raise funds and awareness for the homeless and vulnerable individuals in the Philippines and all over the world.

During this event, participants have the opportunity to sleep out or sleep rough, away from the comfort of their own beds, in solidarity with those who have been forced into homelessness due to life's circumstances.



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## RCMC JOINED ACOM AT METRO CENTER, BOHOL

December 3, 2023

Pres. Glenda Antonio and Asst. Secretary Nicole Justo, joined ACOM at Metro Centre, Bohol.



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# EMPOWER 360 - 2ND WAVE

December 4, 2023

Empower 360 - 2nd Wave: Rotary Club of Metro Cebu, in collaboration with the Municipality of Alegria, Mayor Gilberto F. Magallon, and Vice Mayor Verna V. Magallon, champions community growth through a transformative initiative on VAWC and Financial Literacy. Empowering over 200 leaders, we embark on the second wave of positive change in Alegria.

With Alegria becoming a community corps, we continue to scale impact for the common good of all.

It has been a successful endeavor with full force collaboration among stakeholders. This is all for RCMC and Rotary as we dedicate our service to the community entrusted in our care. Thank you to the Municipality of Alegria and Rev Fr Cui of St. Joseph Parish for the overwhelming support and hospitality during the said activity.



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## THE DEMO FARMS IN CTU ARGAO

December 17, 2023

Toured the Singaporean Rotaractors across the demo farms in CTU Argao.

We were able to turn over 400m of irrigation pipes.

Access to water is one of their challenging issues as their source since its on the ground and they're located at the mountains.

The pipes will be used to bridge the water source and the community — and empower their farming practices as well.

Distributed Christmas Bundles to the farmers of Argao.



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# EMBRACING THE SPIRIT OF GIVING WITH ROTARY CLUB OF METRO CEBU!

December 21, 2023

We are delighted to share our active participation in supporting the Christmas Village of Love! This holiday season, our club has collectively reserved 20 houses at a generous pledge of Php 5,000 per house as part of our ongoing campaign to champion the advocacies under Rotary's 7 Areas of Focus.

The Christmas Village of Love - Cebu 2023 edition is now OPEN at the 2nd floor of Robinson's Galleria. This heartwarming initiative allows us to contribute to a cause that resonates with our commitment to making a positive impact in our partner communities.

By collectively marketing an entire village, we are not just creating a festive atmosphere but also working together to raise essential funds for those in need. Your support matters, and together, we can make a difference!



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## RCMC CHRISTMAS FELLOWSHIP

December 21, 2023

It was a fun and memorable christmas fellowship with the members, rotaractors, some of the district officers and guests.

During the said event, we also handed over a laptop to Mr. Jet Manuel donated by Mr. Nischal Pandey.

It was a testament of like minded people come together in fellowship and bonding.

Congratulations to our newly inducted rotarians for organizing such a wonderful fellowship.



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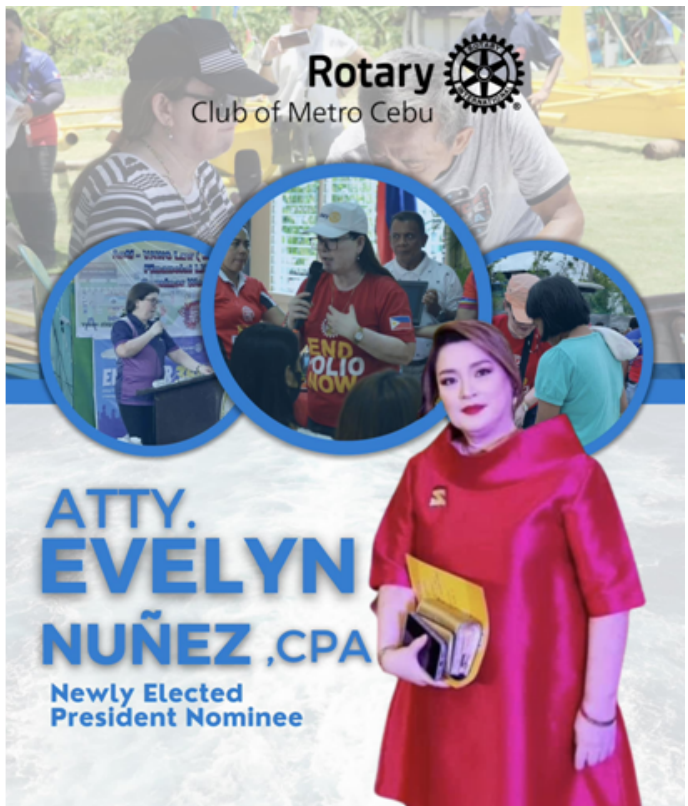


# ELECTION OF PRESIDENT FOR RY 2025-2026

December 21, 2023

Last December 21, 2023, we had our election of President for RY 2025-2026 and we are very happy to announce, our President Nominee Evelyn Trani Nuñez.

We are not only excited about her upcoming term as President but also inspired by the depth of experience, passion, and commitment she brings to this prestigious role. Here's to a visionary Rotary Year 2025-2026 under the capable and inspiring leadership of Atty. Evelyn Nuñez!



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## SHARING OF LOVE WITH THE DIFFERENTLY-ABLED

December 29, 2023

Today RC Metro Cebu had a Christmas party with the differently abled in San Roque Parish-Subangdaku, Mandaue City. This event is a celebration of inclusivity, compassion, and the spirit of giving.

We believe that every individual, regardless of their abilities, deserves to experience the magic and joy this holiday season.

Thank you to all those who participated and for your unwavering support and dedication to making a positive impact in the lives of others.

Together, we can make this holiday season truly special for our differently abled friends.



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## Rotary Club of Metro Cebu Welcomes 2024 with Empowered Leaders!

We're thrilled to introduce the dynamic leaders steering our club towards productive years ahead:

President Glenda Miro - Antonio

President Elect Ma Emma Ramas

President Nominee Evelyn Trani Nuñez

Join us in celebrating their dedication to service and leadership! Together, let's make 2024 a year of positive impact and Rotary fellowship.

Wishing you all a Happy New Year filled with joy, prosperity, and meaningful connections!



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# PRESIDENT'S MESSAGE

Dear Fellow Rotarians,

Greetings of Peace!

The past year has been a testament to our resilience and adaptability as Rotarians. We faced unprecedented challenges, but we did not waver in our mission to serve our communities and make a positive impact in the world.

In the face of adversity, we stood united. We supported one another, uplifted those in need, and brought hope to the darkest of times. Our Rotary spirit shone brightly, reminding us of the power of service above self.

As we start the year 2024, let us carry this spirit with us. Let us continue to be the catalysts for change, the champions of goodwill, and the beacons of hope in our communities. Let us embrace the opportunities that lie ahead and strive to make an even greater impact on the lives of those we serve.

Yours in Rotary,

**Dr. Glenda Antonio**  
 President  
 RY 2023-2024  
 RC Metro Cebu



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# SECRETARY'S MESSAGE

Dear Fellow Rotarians,

First and foremost, I would like to express my deepest gratitude to each and every one of you for your unwavering commitment and dedication to our club's mission last year. It is through your tireless efforts and selfless service that we are able to make a positive impact in our community and beyond.

As we celebrate another year of service, let us not forget to celebrate our own giftedness and the environment we have cultivated. Let us take pride in the work we have accomplished and the lives we have touched. But let us also remember that there is still much more to be done.

I am excited to continue this journey with all of you. Together, let us strive for excellence, embrace challenges, and make a positive difference in the world.

Yours in Rotary,

**Ma. Emma Ramas**

Secretary  
RY 2023-2024  
RC Metro Cebu



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